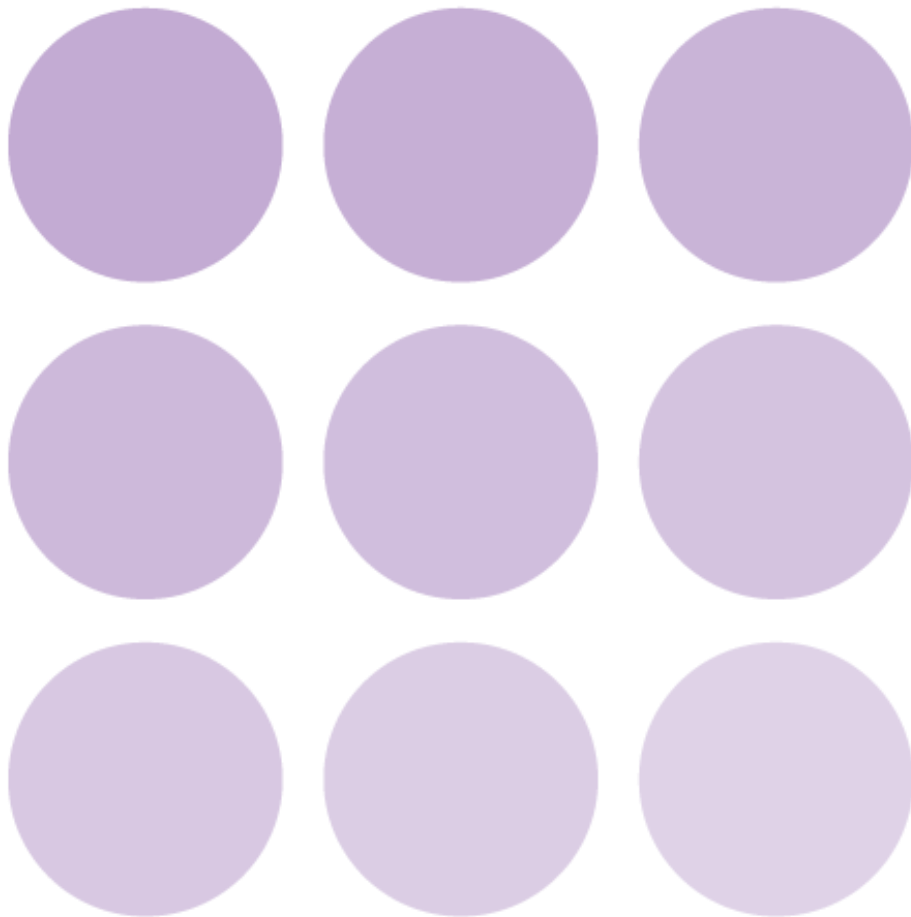


VIOLET



Violet/Lavender

Properties

POSITIVE	NEGATIVE	NOTES
Amiable	Alone	
Appealing	Arrogant	
Attractive	Daydreamer	
Caring	Denial	
Charming	Depression	
Compassionate	Escapism	
Considerate	Feeling alienated	
Contemplative	Frail	
Delicate	Grieving	
Delightful	Guilt	
Devotional	Hidden anger	
Dignified	Narrow-minded	
Elegant	Overpowering	
Enchanting	Paranoia	
Fanciful	Religious	
Fascinating	fanaticism	
Flawless	Spiritual pride	
Graceful	Unattractive	
Healing	Undignified	
Honest	Vanity	
Humble	Vulnerable	
Imaginative	Weak	
Immaculate		
Innocent		
Inspirational		
Inspired		
Intuitive		
Lovely		
Meditative		
Modest		
Neat		
Nostalgic		
Nurturing		
Original		
Pleasant		
Pleasing		
Psychic		
Refined		
Reflective		
Sensitive		

Properties cont'd

POSITIVE	NEGATIVE	NOTES
Service to Mankind Spiritual Subdued Subtle Tender Thinker Transformation Unblemished Visionary Winsome		

Expression

Fantasy world, spirituality, service to mankind, dreams, the past



Personality

If you predominantly wear the colour violet/lavender it will reveal the following about your personality:

You are an intuitive person with strong psychic abilities. Your sensitive and compassionate nature supports you to inspire, teach and heal others. You find true contentment in helping others and enjoy working where you feel needed and can make a difference to your friends and mankind. You are a visionary and are able to develop your psychic and spiritual gifts and have the ability to become a spiritual teacher.

You are a deep thinker who enjoys silence and contemplation. In fact you need meditation, silence and solitude to calm your mind and get inspiration. With your great imagination you have to be careful not to escape the real world by daydreaming! You feel your destiny in life is to change the planet and people for the better, therefore, it is important for you to keep your purpose, meaning and focus in life.

You have a charismatic, open minded and magnetic personality and when focused on your vision you can reach your goals and inspire others to reach theirs. On a daily basis you will trust the Universe, God and angels to support you.

Always stay aware of using your psychic, inspirational and teaching powers wisely without becoming arrogant or feeling superior and over-powering.

More about violet/lavender

The colour violet can be seen in lavender, the calming and relaxing herb/flower. Lavender is known for its calming effect and has been used for centuries to aid relaxation and sleep. It is during our sleep, meditation and relaxation we can receive inner guidance and inspiration from an universal level. This colour can help us to get out of the way and be 'guided' by angels, spirits or Masters. This colour or frequency resonates in our head, the 7th chakra or crown chakra. Too much violet/lavender can indicate that you prefer to stay with your head in the clouds, daydreaming your life away, instead of materializing your dreams.

Violet frequency is a high and powerful frequency; you do not need much of it to feel its effect. 'Violet' music like meditative, new age music does not need as much volume as Rock and Roll (red) music.

We can sit in an Infra Red Sauna but have to be cautious with Ultra Violet light. Too much UV light can have a damaging effect on our body. However, UV light is used to sterilize blood of HIV infected people.

Crystals and gemstones

Amethyst
Alexandrite
Sugelite
Purple fluorite
Selenite
Diamond
Clear quartz
Aragonite

Food

Eggplant, purple grapes, purple plums, purple broccoli, purple onions, globe artichokes, purple cabbage, radicchio, beets, purple sage, thyme.

Violet/lavender and purple food is relaxing to the mind and has a hypnotic and narcotic influence on the body. It is also antibacterial.

Opposite Colour

Yellow