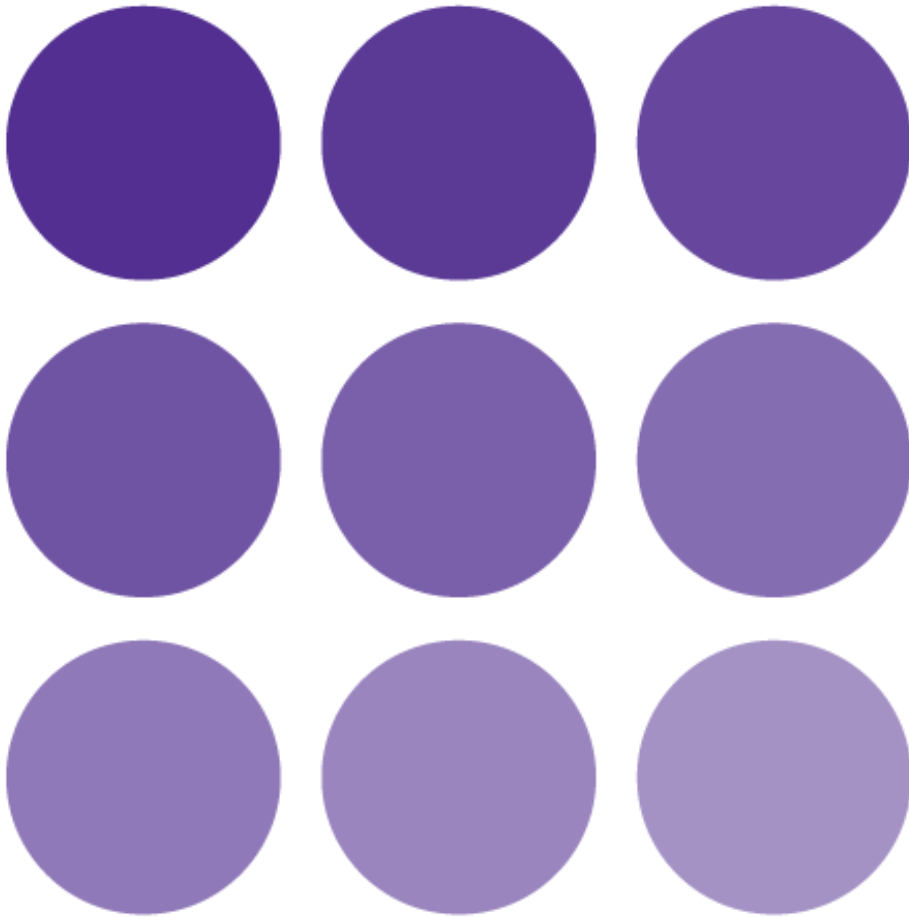


# PURPLE



**Purple**

*Properties*

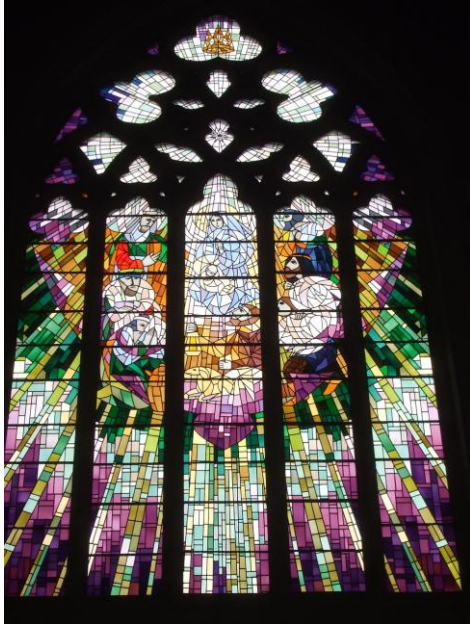
POSITIVE	NEGATIVE	NOTES
Accomplished	Arrogant	
Artistic	Detached	
Boundless	Dictatorial	
Contemplative	Dogmatic	
Creative	Dramatic	
Cultured	Eccentric	
Dignified	Fear of death	
Distinguished	Self-important	
Dramatic	Snobbish	
Educated		
Elegant		
Experienced		
Exquisite		
Flawless		
Formal		
Futuristic		
Gifted		
Gift of Service		
Graceful		
Healing Gift		
Honourable		
Imaginative		
Impeccable		
Impressive		
Inspired		
Intuitive		
Inventive		
Knowledgeable		
Luxurious		
Meditative		
Mysterious		
Mystic		
Noble		
Original		
Perfect		
Polished		
Powerful		
Psychic		
Refined		
Reserved		
Sensitive		

*Properties cont'd*

POSITIVE	NEGATIVE	NOTES
Sensual Serene Sophisticated Spiritual Stylish Tasteful Transformation Unencumbered Visionary		

*Expression*

*Intuition, inspiration, spiritual, visionary*



### *Personality*

*If you predominantly wear the colour purple it will reveal the following about your personality:*

You have a very intuitive, creative personality and are interested in spirituality, futuristic ideas and New Age philosophies.

For inner guidance you will turn to meditation and prayer. You are in touch with your intuition and understand your higher purpose in life or Divine plan. You are interested in spiritual and healing matters and know you can make a difference to other people.

You are a humanitarian with great mental powers and inspiration and with your high ideals, feel you can be of service to humankind. These gifts should be used wisely and for the greater good, so as not to become judgmental and too enthusiastic.

You are creative and artistic and often have a unique way of doing things! Although you do not intentionally push people away, you are perceived as having a regal attitude which makes you less approachable to others. Sometimes you feel misunderstood, as others do not understand your character.

### *More about purple*

Purple is a combination of red and blue. Red is a so-called warm colour and blue is a cool colour. Therefore, the colour purple can be perceived as either a cold or warm colour; reserved as well as sensitive; delicate yet impressive.

In ancient Rome, only the Emperor and his Imperial family had the right to wear purple clothing. The Emperor Nero even punished offenders with the death penalty for wearing it. Maybe for this reason the colour purple was associated with supreme power in cultures from Persia to Israel. It took about 10,000 molluscs (murex shells) to make one gram of dye, which made the colour purple an expensive dye. Vitruvius said, "it is the most precious and the most pleasing to the eye". When the Roman Empire crumbled, some of the dyeing techniques were lost. However, in the 4<sup>th</sup> Century the use of purple became in

fashion again with royalty and Catholic traditions.

The colour purple is still seen as a 'royal' and spiritual colour. However, wearing too much of this colour can give an impression of aloofness and arrogance.

Purple is the colour of spirituality, creative energy and inspiration and therefore many artists and visionaries love to wear this colour as it connects them with the universal energy. This colour can unify the body and mind with spirit, calm your nerves and enable you to receive spiritual or artistic inspiration.

Purple food has a purifying, diuretic and sedative effect on the human body. Purple foods are eggplant, purple grapes, purple broccoli, purple onion, plums, beets and purple cabbage, lavender, purple sage and thyme. All these foods have a healing effect on all forms of neurosis and neurotic manifestations.

*Connotations*

The robe of Emperors  
Advent and Lent in church  
Mourning  
Royalty

*Crystals and gemstones*

Amethyst  
Alexandrite  
Sugilite  
Purple fluorite  
Selenite  
Diamond  
Clear quartz  
Aragonite

*Food*

Eggplant, purple grapes, purple plums, purple broccoli, purple onions, globe artichokes, purple cabbage, radicchio, beets, purple sage, thyme.

Violet/lavender and purple food is relaxing to the mind and has a hypnotic and narcotic influence on the body. It is also antibacterial.

*Opposite Colour*

Yellow

