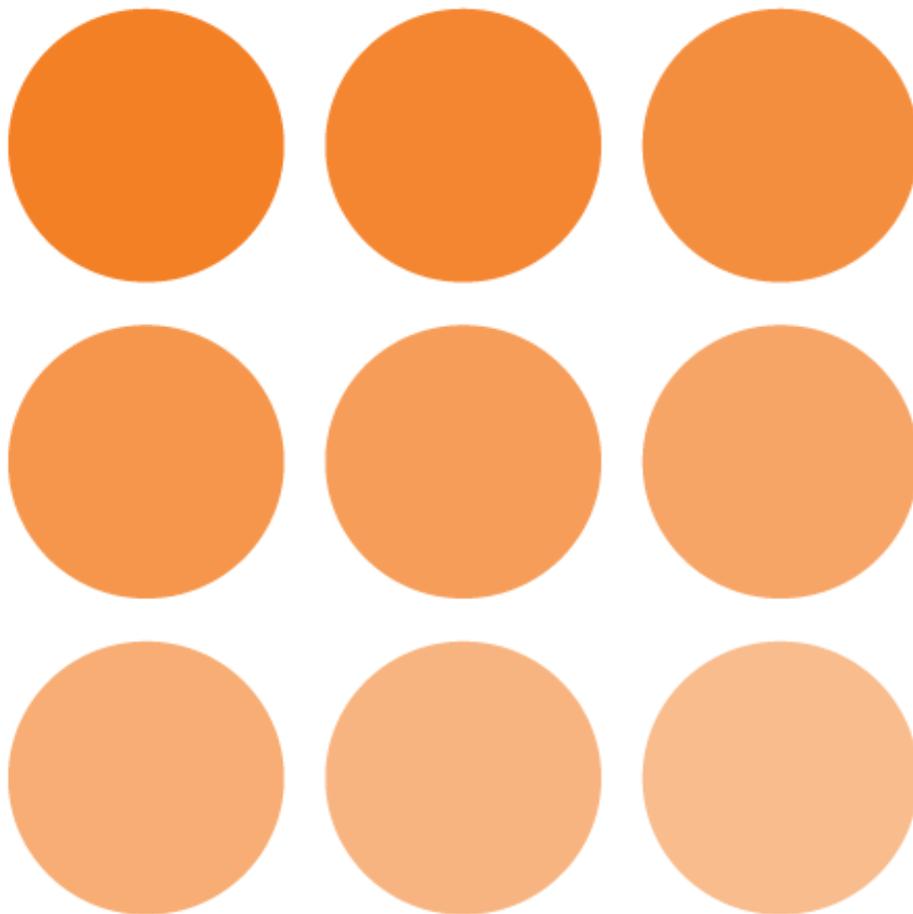


ORANGE



Orange

Properties

POSITIVE	NEGATIVE	NOTES
Active	Arrogant	
Adventurous	Being in shock	
Alive	Cowardly	
Aspiration	Deliberating	
Audacious	Dependency	
Bliss	Depressing	
Bold	Destructive	
Brave	Fearful	
Candid	Impulsive	
Cheerful	Inconsiderate	
Confident	Lifeless	
Constructive	Loud	
Content	Melancholy	
Convincing	Over-powering	
Courageous	Pushy	
Curious	Reluctant	
Daring	Restrained	
Deep joy	Self-indulgent	
Determined	Solemn	
Direct	Traumatised	
Distinctive	Vain	
Dynamic	Whimsical	
Eager		
Energetic		
Enthusiastic		
Exploring		
Exuberant		
Fearless		
Firm		
Friendly		
Fulfilled		
Full of life		
Fun		
Gallant		
Gut feelings		
Good-humoured		
Gregarious		
Happy		
Humorous		
Impulsive		
Independence		
Inquisitive		

Properties cont'd

POSITIVE	NEGATIVE	NOTES
Insight Instinctive Interested Involved Lavish Liberal Lively Matter-of-fact Motivated Noticeable Optimistic Persevering Persistent Playful Positive Resolute Resourcefulness Self-motivated Sensual Sociable Spirited Spontaneous Straightforward Strong-willed Tenacious Tireless Tolerant Trusting gut feelings Undeterred Unselfish Unwavering Upfront Uplifting Vigorous Vital Welcoming Willing Wisdom Zest for life		

Expression

Adventurous, festive, nutrition, exuberant, sunrise/sunset, optimistic



Personality

If you predominantly wear the colour orange it will reveal the following about your personality:

You are an action-orientated person with high levels of energy, sometimes making you feel restless. You are competent and independent and your enthusiasm and energy makes you able to motivate yourself as well as others. Although you are unselfish, you should be careful not to become self-indulgent.

You are sociable and spontaneous and it is great fun to be around you and you thrive on excitement and external stimuli. Your optimistic, tolerant and warm-hearted personality can enliven a party or meeting. Be careful to use your gifts of humour, playfulness, creativity and sensuality in a constructive way.

You learn best by experience and by exploring and pushing the boundaries to become the ultimate dare devil.

Although you are controversial in your opinions, your self-motivated and practical approach to problems will always help you to achieve the goals you have set for yourself even though this may seem odd to others! The best guidance in life is from your own gut feelings.

More about orange

Orange is a fun loving colour and attracts attention. A clown can wear orange or red and yellow and loves to be the centre of attention. A clown can play the role of the victim and with humour, courage and fun he / she can turn around the situation into a joyful and funny experience. Orange is about learning to experience the world with a sense of play and enjoyment. Learning by exploring can be risky and exciting, however, when people do not like this colour it can indicate a fear of the unknown or a feeling of being a victim of life. This colour can support you to not take yourself or the world too seriously.

Orange is the colour of our gut feelings and it takes courage and renewed enthusiasm to digest the lessons of life. If we want to overcome traumas and not feel victimized, we have to digest the lessons life is offering us and take away the positive and discharge the rest.

Orange is often used in furniture after a divorce because it reminds us of the colour of fire, the home, the family conversations around the camp fire or fire place. Rebuilding a 'home', capturing the warmth and coziness and at the same time overcoming the trauma of the separation.

Orange is also the colour for outdoors, the adventurer, the mountain climber etc. They listen to their gut feelings and love the excitement and passion (red) but with an organized (yellow) mindset.

Connotations

Oranges
Digestive system
Alert signals
Open fire

Crystals and gemstones

Amber
Carnelian
Cinnamon aventurine
Fire opal
Orange calcite
Red coral
Rhodochrosite
Topaz

Food

Oranges, mangoes, papayas, apricots, peaches, nectarines, carrots, peppers, pumpkin, butternut squash, swedes, egg yolks, ginger, tangerines, melons, coriander, cumin, paprika.

Orange food is a good anti-depressant and helps the digestive system of the body. It gives mental stimulation as well as physical energy.

Opposite colour

Blue