

NAVYBLUE



Indigo/Navy blue

Properties

POSITIVE	NEGATIVE	NOTES
Accomplished	Alone	
Accurate	Aloof	
Articulate	Calculating	
Authentic	Cold	
Authoritative	Depressed	
Believable	Detached	
Calm	Distant	
Classic	Habitual	
Collected	Imposing	
Commanding	Isolated	
Communicative	Paranoid	
Competent	Private	
Composed	Secretive	
Confident	Separation	
Conservative	Willful	
Constant		
Contemplative		
Conventional		
Convincing		
Corporate		
Credible		
Cultured		
Decisive		
Deliberate		
Dependable		
Determined		
Dignified		
Diplomatic		
Discerning		
Distinguished		
Educated		
Effective		
Efficient		
Elegant		
Experienced		
Faithful		
Firm		
Formal Genuine		
Honest		
Honourable		
Impressive		

Properties cont'd

POSITIVE	NEGATIVE	NOTES
Inspired Intelligent Introspective Inventive Knowledgeable Loyal Methodical Moderate Noble Organised Perceptive Persistent Productive Professional Profound Prudent Quiet Refined Reflective Reliable Reputable Reserved Responsible Self-Disciplined Serene Sincere Sophisticated Stable Steadfast Strong-Minded Tactful Traditional Trustworthy Truthful Unbiased Understanding Unfailing Wise		

Expression

Authority, disciplined, professional, introspective, vision, indigo-children



Personality

If you predominantly wear the colour indigo/navy blue it will reveal the following about your personality:

You are a wise person who is able to communicate your ideas clearly. You enjoy decision-making and have good judgment of character. You are intelligent, self-reliant and you are spiritually advanced and have an inner awareness of life's truths.

You could be an executive, judge or business manager because you allow others to express their opinions, viewpoints and you can mediate and detach from your emotions to come to the best solution for all.

Your intuition and sensitivity is well developed and people respect your wisdom, knowledge and intelligence and will come to you for advice and teaching.

You enjoy your authority, power and wisdom and your credibility is important to you. You are capable of being both subjective and objective and of distinguishing the important issues from insignificant ones.

Be aware that you should take time out to play and relax otherwise you can suffer mental stress, feelings of loneliness and of not belonging. Although most people will not recognise this at once because of your private and distant attitude, you are a sensitive person. It is important for you to focus on the positive aspects of yourself and your life, otherwise you could slide into depression, or have feelings of being isolated, unwanted and misunderstood.

More about indigo/navy blue

Indigo/navy blue is the colour of the night's sky, when our dreams can give us insight and guidance.

During the night we create our vision, dreams and in a state of deep peace and meditation we receive clarity in feelings (clairvoyance/clairaudience). Do not use this colour when suffering from nightmares or depression. During the night we can feel utterly alone, not understood.

The colour indigo/navy blue is the colour of the New Age children – Indigo children. These are spiritual children with an inner awareness of the real truth about life. Indigos already possess the knowledge of the true nature of reality and information known by ancient mystics. They know that in the future we will be living in cooperation with the environment and with each other. People tend to see them as bizarre or eccentric because they are so spiritually advanced. They will not be manipulated by peer pressure or do anything they do not believe in.

Indigo/navy blue is the colour of authority, worn by police force, pilots, business people, and firemen. People who have difficulty wearing this colour have often experienced an authoritative parent, boss, partner or friend. A dislike of this colour can also indicate that the vision or dream has disappeared.

Connotations

Midnight blue sky
 Night-time
 Police uniform
 Pilot uniform
 Business suit

Crystals and gemstones

Azurite
 Indigo sodalite
 Iolite
 Lapis lazuli
 Sodalite
 Sapphire

Food

Black soybeans, black beans, soy sauce, black olives, blackberries, boysenberries, black cherries, dried raisins and currants, vanilla beans, wild mushrooms.

Indigo/navy blue food has a calming and anti-depressant influence, stimulating the parathyroid.

Opposite Colour

Orange