

VIOLET/LAVENDER

Colour Assessment

Never worn the colour violet/lavender (0)

Your conditioning or upbringing has made you believe that the world we see, touch and feel is more important and reliable than the unseen or so called spiritual world.

Stopped wearing the colour violet/lavender (0)

You lost interest or faith in the mystical or spiritual world which made you become a much more down to earth person who liked to touch and see. You felt insecure and not in control whenever you were confronted with spiritual or mystical experiences. Were you disillusioned and disappointed in the negative outcomes of your dreams, fantasies or spiritual experiences?

Started wearing the colour violet/lavender

You started to acknowledge and act upon your own inspiration and became more aware and in touch with your spiritual side. This enabled you to calm your mind and or meditate to allow healing or transformation to take place.

Wearing the colour violet/lavender regularly (4–6)

You are an intuitive person with strong psychic abilities. You are a sensitive thinker who can inspire, teach and heal others. You have a very sensitive and compassionate nature and find true contentment in helping others. You love to be of service to humankind and enjoy working where you feel needed and where you can make a difference.

You appreciate the beauty of things or life and enjoy silence and contemplation. In fact you need meditation, silence or solitude to calm your mind and to get inspiration. You have a great imagination.

You are a visionary and are able to develop your psychic and spiritual gifts, even becoming a spiritual master. It is important for you to keep your purpose, meaning and focus in life, which is to change yourself, others and/or the planet for the better.

In general, you are open-minded and modest in your opinion, acknowledging more than one possibility. You have a charismatic and magnetic personality and when focused on your vision you can inspire others and reach your goals, materializing your vision. You use your psychic abilities every day, trusting the Universe, God or angels to support you.

Wearing the colour violet/lavender often (7–10)

You are an intuitive person with strong psychic abilities. You are a sensitive thinker who can inspire, teach and heal others. You have a very sensitive and compassionate nature and find true contentment in helping others. You love to be of service to humankind and enjoy working where you feel needed and where you can make a difference.

You appreciate the beauty of things or life and enjoy silence and contemplation. In fact you need meditation, silence or solitude to calm your mind and to get inspiration. You have a great imagination. Just be careful not to try and escape the material world by daydreaming.

You are a visionary and are able to develop your psychic and spiritual gifts, even becoming a spiritual master. It is important for you to keep focused on your purpose in life, which is to change yourself, others and/or the planet for the better.

In general, you are open-minded and modest in your opinion, acknowledging more than one possibility. You have a charismatic and magnetic personality and when focused on your vision you can inspire others and reach your goals, materializing your vision. You use your psychic abilities every day, trusting the Universe, God or angels to support you.

Always be aware of using your psychic, inspirational and teaching powers wisely and not to lose yourself in daydreaming or in a fantasy world.

Colour Goals

Start wearing violet/lavender

Start wearing the colour violet/lavender to get into a meditative mood and whenever you want to be receptive to spiritual guidance or more inspiration. This colour will support you to explore the unknown realms beyond the physical world, a mystical world where artists, spiritual healers and teachers receive their inspiration and visionaries their visions. This colour will help you to surrender and relax your mind and transform your experiences into healing yourself or others. Violet/lavender is the colour of lavender, a soothing and relaxing herb.

You can wear or carry a violet/lavender crystal in your pocket.

Amethyst, alexandrite, sugalite, purple fluorite, selenite, diamond, clear quartz, aragonite.

You can eat violet/lavender food.

Eggplant, purple grapes, purple plums, purple broccoli, purple onions, globe artichokes, purple cabbage, radicchio, beets, purple sage, thyme.

Decrease wearing violet/lavender

Reduce wearing the colour violet/lavender when you have the tendency to escape into daydreaming and your own fantasy world and are unable to materialize your ideas and visions.