

GREY

Colour Assessment

Never worn the colour grey (0)

Your conditioning or upbringing has made you believe that life is best lived from the emotional level rather than from the intellectual level. However, grey is the colour between black and white, so in this case it can also be the reverse. Your conditioning or upbringing has made you believe that life is best lived from the intellectual level rather than from the emotional level.

Stopped wearing the colour grey (0)

You needed more support and/or emotional attention from your friends and family. You wanted to be more emotionally involved and allowed to play and have fun instead of just focusing on your studies or work.

Started wearing the colour grey

You wanted to be more led by reason than emotion, portraying intelligence, professionalism and efficiency.

Wearing the colour grey regularly (4 – 6)

You are driven by your intelligence and have control over yourself in all areas. You give an impression of wisdom and fair judgment, using reason and patience to come to impartial solutions.

You have emotional stability and will be led by reason rather than emotions. You project self-control and coolness and you are not easily influenced by outside stresses.

Quality is important to you and you will gladly pay a bit more. You have a mature and professional attitude and others can depend on you. You approach life and its problems in a practical and conservative manner. You will not easily change procedures or ideas when they have been working for you and you will stick to known methods or ideas unless research has proven differently.

Wearing the colour grey often (7 – 10)

You are driven by your intelligence and have control over yourself in all areas. You give an impression of wisdom and fair judgment, using reason and patience to come to impartial solutions.

You have emotional stability and will be led by reason rather than emotions. You project self-control and coolness and you are not easily influenced by outside stresses.

Quality is important to you and you will gladly pay a bit more. You have a mature and professional attitude and others can depend on you. You approach life and its problems in a practical and conservative manner. You will not easily change procedures or ideas when they have been working for you and will stick to known methods or ideas unless research has proven differently.

Be cautious that you do not become too uninterested and uninvolved whereby you will find yourself isolated and lonely. Too much grey can result in tunnel vision or narrow mindedness where there is no place for emotion, warmth, movement and daydreaming.

Colour Goals

Start wearing grey

Start wearing the colour grey when you want to portray self-control, efficiency, competence and professionalism. Wearing grey will support you to work as an individual, guided more by your intellect than your emotions.

You can wear or carry a grey crystal.

Apophyllite, celestite, labradorite, obsidian, pewter.

Decrease wearing grey

Reduce wearing the colour grey when you want to be emotionally involved and more flexible. Whenever you want to experience more spontaneity, fun or want to be noticed and to stand out from others decrease wearing this colour.