

## BURGUNDY

### *Colour Assessment*

#### ***Never worn the colour burgundy (0)***

Your conditioning or upbringing made you believe that life is not abundant and money should not be wasted or spent frivolously. You may have a tendency to prefer bargains over high quality.

#### ***Stopped wearing the colour burgundy (0)***

You did not receive the respect and dignity you expected or wanted. Your attitude towards life has changed from abundance and luxury into hard work and scarcity. Do you value yourself for who you are?

#### ***Started wearing the colour burgundy***

You began to develop a greater sense of self-worth and to feel deserving of the finer things in life.

#### ***Wearing the colour burgundy regularly (4 – 6)***

You have a sensitive and 'rich' or deep personality. You have humour and love to have fun and enjoy life in an elegant and expensive manner.

You have a mature approach to life, and authority and power are easily handled by you. You have the qualities of the colour red, being strong, determined and powerful but with an elegant and refined touch. You will use your mature and refined approach to get what you want. Whenever you wear more burgundy than red, you will think before you speak.

You do not believe in scarcity but in abundance. You can enjoy good food and drink and when there is an opportunity to have a party or meet with your friends you are there. Burgundy is the colour of a glass of red wine. the 'bourgondier'.

You prefer quality above quantity and your taste is an expensive one. You will dress elegantly and when possible wear expensive clothes and accessories.

***Wearing the colour burgundy often (7 – 10)***

You have a sensitive and 'rich' or deep personality. You have humour and love to have fun and enjoy life in an elegant and expensive manner.

You have a mature approach to life, and can easily deal with authority and power. You have the qualities of the colour red, being strong, determined and powerful but with an elegant and refined touch. You will use your mature and refined approach to get what you want. Whenever you wear more burgundy than red, you will think before you speak.

You do not believe in scarcity but in abundance. You can enjoy good food and drink and when there is an opportunity to have a party or meet with your friends you are there. Burgundy is the colour of a glass of red wine, the 'bourgondier'. **Eat, drink and be happy but be careful not to indulge excessively.**

You prefer quality above quantity and your taste is an expensive one. You will dress elegantly and when possible wear expensive clothes and accessories.

## **Colour Goals**

### ***Start wearing burgundy***

Start wearing the colour burgundy when you want to express style, sophistication and richness of feelings and possessions. This colour will express quality and good taste. Burgundy has the power of red with a mature and elegant touch to it.

### ***You can wear or carry burgundy crystals in your pocket.***

Garnet, ruby

### ***Decrease wearing burgundy***

Reduce wearing the colour burgundy whenever you want to make quick decisions without bothering about quality, style or detail. Whenever you are dependent on luxury, extravagance and have a tendency to overindulge decrease wearing this colour.